



One Leisure St Ives Indoor

Access Guide

for those with or affected by disabilities

Our centre prides itself on being accessible to everyone. Over the years we have developed and renovated making sure disability access a key part of our plans.

We want to make sure everyone has access to health and fitness in our local community. Which is why we provide a large variety of facilities tailored for those with disabilities. Along with this we can accommodate a wide range of sporting and non-sporting activities that are fully accessible.





Our Specialist facilities at One Leisure St Ives Indoor

Disabled parking bays

Low level reception desk

Lift access to each floor and across to Burgess Hall

Low level lockers in all main changing areas

Located on the ground floor:

- Reception's disable toilet with handrails.
- Ramp access to String Pins.

Located on first floor:

- Studio disabled changing room which includes hoist (requires own sling for use), changing bed, toilet and shower.

Swimming Pool:

- Poolside hoist – a specialised chair that lowers customers into the water.
- Village changing wet room - which includes shower with disabled seat, handrails and toilet.
- Female group change - disabled shower which includes seat with handrails.
- Group change – disable toilet with handrails.

Located on second floor:

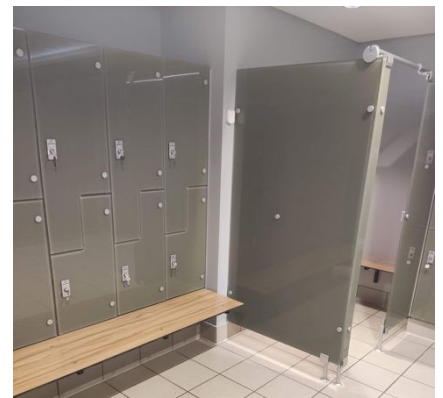
- Impression disabled changing room which includes changing bed, toilet and shower.
- Impression Gym - Various gym equipment that is wheelchair friendly, hand bike, seated row, lat pull down. Many pieces of equipment can be adapted for use with a wheelchair.

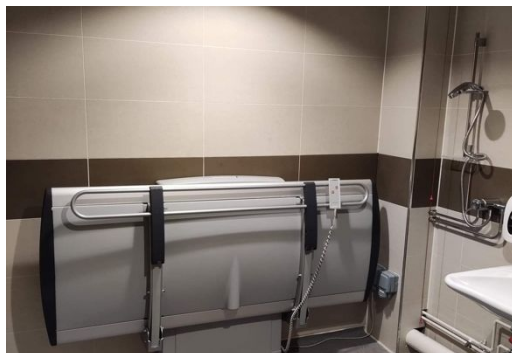
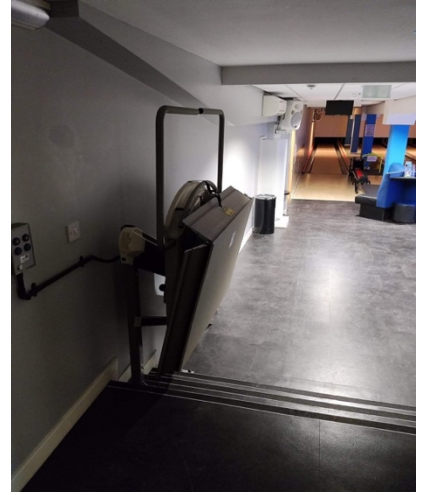
Burgess Hall:

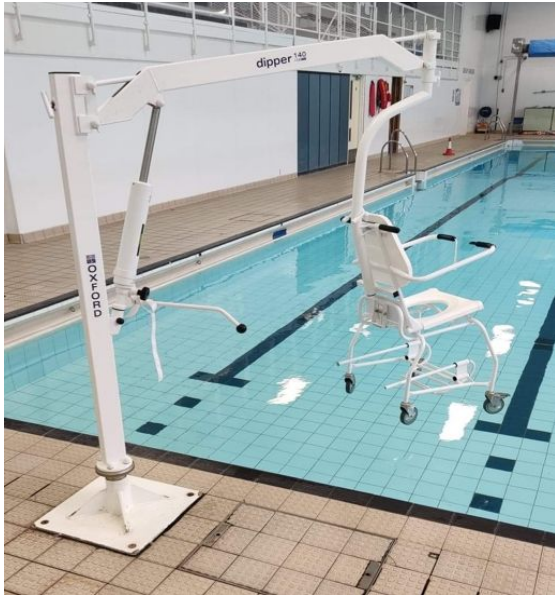
- Lift access to main hall.
- Disable toilet with handrails.

At One Leisure St Ives we offer many disability friendly classes through our [Active Lifestyles](#) Team. All classes are designed and taught by our qualified specialist instructors. Our instructors strive to make sure each activity is safe, meets your individual physical needs as well as any medical needs.

If you would like any further information about our classes, disability access or [Active Lifestyle](#) Team please contact us on 01480 388111.








Oneleisure
ACTIVE LIFESTYLES

