



One Leisure St Neots

Access Guide

for those with or affected by disabilities

Our centre prides itself on being accessible to everyone. In recent years we developed and renovated our whole centre and made disability access key part of our plans.

We want to make sure everyone has access to health and fitness in the local community which is why we provide a large variety of facilities tailored for those with disabilities.

We can accommodate a wide range of sporting and non-sporting activities and are fully accessible.



Our specialist facilities at One Leisure St Neots:

Leisure Centre

- Disabled parking bays
- Low level reception desk
- Disabled toilet
- Disabled changing room which includes hoist (require own sling for the hoist), changing bed, toilet and shower
- Disabled lockers (wheelchair friendly)
- Various gym equipment that is wheel chair friendly, hand bike, seated row, lat pull down and many pieces of equipment can be adapted for use with a wheel chair.

Swimming pool

- Disabled parking bays
- Low level reception desk
- Wheel chair friendly lockers
- Disabled changing room with hoist and changing bed - (require own sling for the hoist)
- Poolside hoist to be used to lower customer from a specialised chair into the pool (we have the chairs)
- Ramp access into the pool using a chair and also staggered steps with rail
- Disabled shower room with hoist (require own sling for the hoist) and toilet

We also offer many disability friendly classes at our centre through our [Active Lifestyles](#) team. All classes are designed and taught by specially qualified instructors who will make sure that each activity is safe and meets your physical and medical needs.

If you would like to learn more about our classes and disability access you can call us on 01480 388111.



