



Swimming Pool Timetable

AUTUMN PROGRAMME - Wednesday 4th January to Sunday 2nd April 2017

MAIN TIMETABLE Wednesday 4th January to Sunday 2nd April 2017 (excludes February Half Term)

Mo	Early Birds 7.00 - 8.55	Public Swim + 1 Lane 9.00 - 9.55	Private Use 10.00 - 12.20		Adult Lanes and Parents & Under 8's 12.30 - 1.55	Private Use 2.00 - 3.00	Junior Lessons 3.30 - 6.30	Public Swim + 2 Lanes 6.30 - 7.25	Adult Lessons 7.30 - 8.15	Swimfit 8.15 - 9.05	Adult Lanes 9.05 - 10.05
Tu	Early Birds 7.00 - 8.55	Private Use 9.00 - 12.00			Adult Lanes and Parents & Under 8's 12.30 - 1.55	Private Use 2.00 - 3.00	Junior Lessons 5.00 - 6.00	Public Swim + 2 Lanes 6.00 - 6.55	Swimming Club 7.00 - 10.15		
We	Early Birds 7.00 - 8.55	Private Use 9.00 - 11.00		Public Swim + 1 Lane 11.05 - 12.05	Adult Lanes and Parents & Under 8's 12.30 - 1.55	Private Use 2.00 - 3.00	Junior Lessons 3.30 - 6.00	Public Swim + 2 Lanes 6.00 - 6.55	Swimming Club 7.00 - 8.00	Adult Lanes 8.05 - 9.00	
Th	Early Birds 7.00 - 8.55	Private Use 9.00 - 9.45	Baby & Toddler Lessons 9.45 - 10.45	Public Swim + 1 Lane 11.00 - 12.00	Adult Lanes and Parents & Under 8's 1.00 - 1.55	Private Use 2.00 - 3.00	Junior Lessons 3.30 - 6.30	Public Swim + 1 Lane 6.30 - 7.55		Adult Lanes 8.00 - 8.55	
Fr	Early Birds 7.00 - 8.55	Private Use 9.00 - 12.30			Adult Lanes and Parents & Under 8's 12.30 - 1.55	Private Use 2.00 - 3.00	Junior Lessons 3.00 - 6.30	Floats Fun + 1 Lane 6.30 - 7.55		Adult Lanes 8.00 - 8.55	
Sa	Swimming Club 7.00 - 8.00	Early Birds 8.00 - 8.55	Junior Lessons 9.00 - 1.00		Floats Fun 1.00 - 3.55		Party Hire 4.00 - 4.50	Party Hire 5.00 - 5.50	Party Hire 6.00 - 6.50	Party Hire 7.00 - 7.50	Party Hire 8.00 - 8.50
Su	Family Swim + 1 Lane 8.00 - 11.55			Swimming Club 12.00 - 2.00		Inflatable Fun 2.15 - 4.45		Party Hire 5.00 - 5.50	Party Hire 6.00 - 6.50	Disabled & 40+ Swim 7.00 - 7.55	

HALF TERM TIMETABLE Monday 13th February to Sunday 19th February 2017

Mo	Early Birds 7.00 - 8.55	NPLQ Course 9.00 - 11.00	Private Use 11.00 - 12.00	Public Swim 12.00 - 12.55	Adult Lanes and Parents & Under 8's 1.00 - 1.55	Public Swim 2.00 - 3.25	Junior Lessons 3.30 - 6.30	Public Swim + 2 Lanes 6.30 - 8.10		Aquafit 8.15 - 9.05	Adult Lanes 9.05 - 10.05
Tu	Early Birds 7.00 - 8.55	NPLQ Course 9.00 - 11.00	Private Use 11.00 - 12.00	Public Swim 12.00 - 12.55	Adult Lanes and Parents & Under 8's 1.00 - 1.55	Inflatable Fun 2.15 - 4.45	Junior Lessons 5.00 - 6.00	Public Swim + 2 Lanes 6.00 - 6.55	Swimming Club 7.00 - 10.15		
We	Early Birds 7.00 - 8.55	NPLQ Course 9.00 - 11.00	Private Use 11.00 - 12.00	Public Swim 12.00 - 12.55	Adult Lanes and Parents & Under 8's 1.00 - 1.55	Public Swim 2.00 - 3.25	Junior Lessons 3.30 - 6.00	Public Swim + 2 Lanes 6.00 - 6.55	Swimming Club 7.00 - 8.00	Adult Lanes 8.05 - 9.00	
Th	Early Birds 7.00 - 8.55	NPLQ Course, Baby & Toddler Lessons 9.00 - 11.00	Private Use 11.00 - 12.00	Public Swim 12.00 - 12.55	Adult Lanes and Parents & Under 8's 1.00 - 1.55	Floats Fun 2.00 - 3.25	Junior Lessons 3.30 - 6.30	Public Swim + 1 Lane 6.30 - 7.55		Adult Lanes 8.00 - 8.55	
Fr	Early Birds 7.00 - 8.55	NPLQ Course 9.00 - 11.00	Floats Fun 11.00 - 12.00	Public Swim 12.00 - 12.55	Adult Lanes and Parents & Under 8's 1.00 - 1.55	Private Use 2.00 - 2.55	Junior Lessons 3.00 - 6.30	Floats Fun + 1 Lane 6.30 - 7.55		Adult Lanes 8.00 - 8.55	
Sa	Swimming Club 7.00 - 8.00	Early Birds 8.00 - 8.55	Junior Lessons 9.00 - 1.00		Floats Fun 1.00 - 3.55		Party Hire 4.00 - 4.50	Party Hire 5.00 - 5.50	Party Hire 6.00 - 6.50	Party Hire 7.00 - 7.50	Party Hire 8.00 - 8.50
Su	Family Swim + 1 Lane 8.00 - 11.55			Swimming Club 12.00 - 2.00		Inflatable Fun 2.15 - 4.45		Party Hire 5.00 - 5.50	Party Hire 6.00 - 6.50	Disabled & 40+ Swim 7.00 - 7.55	



One Leisure St Neots, Barford Road, St Neots, Cambridgeshire PE19 2SA

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www.oneleisure.net

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Oneleisure
ST NEOTS

Managed by Huntingdonshire District Council

Swimming Price List

Swimming at One Leisure is great value for money to enjoy individually or as a group with friends and family.

	ONE CARD	FULL PRICE
Swim Session (under 3's)	£1.40	£2.60
Swim Session (3 to 15 years)	£2.90	£4.10
Swim Session (16+ years)	£3.90	£5.10
Family Swim Pass (2 adults and 2 children)	£12.50	£15.00
Aquafit and Aquanatal Classes	£5.20	£6.50

- You must produce your One Card each time you visit otherwise you will be required to pay the full price. Proof of age must be provided on request.
- The One Card is a one-off cost of £1 per person which you will save after only one visit. This just requires you to complete a simple form available from reception or www.oneleisure.net.
- If you wish to attend more than one session you must repay or book in again at reception if you are an Advantage/Silver/Premier member or have a swim pass.

Aqua Memberships

If you are a regular swimmer, you can save money with our great value swimming memberships.

Both the monthly and annual memberships entitle you to unlimited swimming at all of the One Leisure pools. Can be used for all sessions excluding aqua classes and lessons. Memberships start from the date of purchase.

	ONE CARD	FULL PRICE
Monthly Swim Pass (all ages)	£23.99	n/a
Annual Swim Pass (all ages)	£249.00	n/a

- The monthly swim pass is payable by monthly direct debit. We require 30 days notice in writing for termination of monthly memberships.
- Annual memberships are non-refundable and are a commitment of membership for the annual duration.

Session Descriptions

Adult Lanes

Adult only sessions (16+ years) where the pool is divided into lanes for length swimming only. Ideal for timed stamina training and distance swims at your own pace.

Aquafit

A fun and energetic workout in the pool using the resistance of the water for all over toning.

Disabled & Adult Swim

A relaxed session for adults and disabled swimmers.

Early Birds

Early morning public swimming sessions for all ages.

Family Swim

A family only session for parents and younger children to enjoy their time in the water together.

Floats Fun

A fun time for all with floats and rafts in the water.

Inflatable Fun

Slippery fun for all with an inflatable in the water.

Parents & Under 8's

A fun playtime session for parents and children under 8 where armbands and water toys are included.

Party Hire

Hire the pool exclusively for a private party. Choose either Floats Fun or Inflatable Fun parties (age restrictions apply).

Public Swim

Public swimming sessions for all ages.

Children under 8 must be accompanied by an adult (16+) in the water. No more than two under 8's allowed with each adult. The changing rooms are mixed and have separate changing cubicles. A £1 coin (which is returnable) is required to use the swimming pool changing room lockers. During busy periods a call-out system operates. Swims may be limited to 45 minutes. A qualified lifeguard supervises the pool at all times. Entry to the deep end of the pool (also on the inflatable) is at the lifeguards discretion and will be judged on swimming ability. The inflatable is not suitable for non swimmers or children wearing swimming aids.

**swim
4life**

Can you afford to let your child miss out on an essential life skill?

Our successful **Swim4Life** lesson scheme has over 4,500 swimmers ranging from 6 months up to 16 years of age here across all the One Leisure sites.

We also offer a **FREE** swim assessment service to ensure your child is placed in the correct class for their ability.

Contact reception now for more information.



One Leisure St Neots, Barford Road, St Neots, Cambridgeshire PE19 2SA

Tel: 01480 388111

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